

Lifetime Health Chapter 1

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Lifetime health chapter 1. STUDY. Flashcards. Learn. Write. Spell. Test. PLAY. Match. Gravity. Created by. Cristina_Nor. Terms in this set (10) lifestyle disease. a disease caused partly by unhealthy behaviors and partly by other factors. risk factor. anything that increases the likelihood of injury, disease, or other health problems.

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CHAPTER 1 PHYSICAL FITNESS AND WELLNESS OBJECTIVES
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